

# **Sweetness and Light**

**Words and Visions**

**From the Journal of Patty Schmid**

**SWEETNESS AND LIGHT**

**Copyright © 2012 by Patty Schmid**

**All rights reserved.**

**ISBN-13:978-1468065770**

## ACKNOWLEDGEMENTS

**Special blessings and thanks to the people whose lives have touched mine and enhanced the pages of this book...**

**Barb Boswell**, who gave me a jump start on the book by typing from two of my journals.

**Walter and Cathy Fleming**, for the tireless work they did formatting and printing the first two drafts of this book. It was invaluable and encouraging to see my book in print and to hold it in my hand.

**Ginger Rogers**, for sharing her grammar skills and spending many hours editing this book with me. Her enthusiasm for the message kept me going.

**John Schmid**, my dear husband, for patience with me during the writing and editing process, and for rescuing my files when my hard drive crashed. He knows he's my hero!



## CONTENTS

Introduction.....	1
1 Father Sings Over Me.....	5
2 Come.....	13
3 Walk With Me.....	24
4 Little Child with Jesus.....	31
5 I'm Taking Care of You.....	38
6 Living Stones Vision.....	43
7 Someone Special.....	59
8 Waterfall Vision.....	75
9 Precious Daughter.....	79
10 The Tabernacle.....	92
11 Following Jesus into Battle.....	100
12 Quiet Your Heart.....	125
13 There is More.....	135
14 Afterword.....	171
About the Author.....	177



# Introduction

## Introduction

How do I hear God's voice? What does it sound like?

I hear with my inner or spiritual sense of hearing. I have been a Christian for 40 years, but until 2007 I rarely heard God's voice, or if I did, I didn't recognize it. Many times He spoke to me through the written word, but hearing God speak in my spirit is something relatively new to me. It has changed my life and deepened my relationship with God.

In August 2007, my husband John and I attended a conference for our missions agency World Indigenous Missions. The main speaker was Mark Burlinson from Shiloh Place Ministries. He spoke about the Father's love, and in one of the sessions – "Steps to Intimacy with the Father" – he outlined how to listen to God's voice.

1. Quiet yourself (Ps. 46:10: "Be still and know that I am God")
2. Focus on Father God or Jesus
3. Tune into the spontaneous flow of thoughts that bubble up from within.
4. Write down what you "hear" (journaling)

Using this method, I started listening and journaling the very next morning. At first, it was a great effort to be still and to quiet myself and to focus on God. Amazingly, after a few minutes, I sensed God saying to me, "Patty, My child, I love you. I have a plan for your life,

# Introduction

for today. Do you want to walk in it? Don't hide. I am light and in Me is no darkness. Walk in My light. If you let My light shine on your darkness, it will have to flee."

What does God's voice sound like? He speaks in my spirit and with an inner voice, so He sounds just like me when I talk to myself. Recently, someone explained this more clearly for me. If you count to 10 to yourself, what does it sound like? That's what God sounds like; He uses your inner voice. It's more than a thought; it is thoughts put into words.

Every day God tells me "I love you." I'm starting to believe it now. His love is amazing, and He tells me that I still have almost no idea how great His love is for me. Early in my times of listening to Him, He started calling me by a pet name, "Sweetness" or "Sweetness and Light". I was surprised at first, but it makes sense that a loving father would have pet names for his little children. God's love for us is the love of a father. When I come to Him as a little girl, He often calls me "Baby Girl" or "Princess."

After about a year of listening and journaling, in 2008, I discovered a workbook by Mark Virkler entitled "How to Hear God's Voice." As I started to study this book, it really helped me to go deeper in this journey and also gave me so much scriptural basis for what I was already doing. Then I got to the chapter on vision. Wow.... I am a visual learner, and being able to see what God wants me to see has had such an impact on me. I started seeing visions on a regular basis. I highly recommend "How to Hear God's Voice" to anyone who would like to get closer to God.

In this book I have included almost all the visions I have received so far. Many are personal, but I felt they were to be shared. When I say



## Introduction

visions, the ones that I have are the ordinary kind. God uses my imagination, and the vision is on the screen of my mind. So far I have never seen anything really clearly, but I am able to describe the details the Lord wants me to see as I keep looking at the visions He gives me. To make it easier for the reader to see when I'm talking about a vision, in this book I have preceded visions with \*\* (double asterisk). Often I am able to come back to a vision and see more. For most of these visions, I have put the entries together to make it easier to read; I then continued with my journal entries in a chronological format.

I have written in quotes what I hear God speaking to me, and I added, "God says." Please know that these words are what I sense God is speaking to me, and although many of the words are based on scripture, they are not scripture, and as such are not meant to be used for doctrine. And, of course, because I am not perfect, I do not always hear perfectly. Sometimes, when what God says to me is directly based on scripture, I have included the reference in parenthesis. As a rule, God speaks to me in heart language, and His words to me build me up spiritually, emotionally, even physically. If there's something here that you don't think God would say to you, just pass over it. I hope you will be encouraged to hear God's voice for yourself.

I suggest you take this book at a slower pace, maybe reading two or three entries a day during your time of prayer with the Lord. Each of the journal entries here took several minutes, sometimes even more than an hour for me to receive. You could think about what God has said to me and then ask Him, "What are You saying to me today?" When you read the visions God has given me, think about what it means and ask God to show you what it means. I encourage you to start your own journal if you haven't already.

# Introduction

I no longer have to be alone in order to hear God's voice. If I stop and quiet myself and focus on Jesus, I can hear Him speak to me even when I'm in a crowd. I can hear Him right now. He says, "I love you, I'm with you, and I'm here to help you." After four years of journaling, I have filled 14 notebooks of various shapes and sizes. God continues to speak to me every day, and I write sometimes just a paragraph, sometimes pages. I have included here only highlights. God assures me, "The best is yet to come!"

# Father Sings Over Me

## Chapter 1

### Father Sings Over Me

#### Draw Near

“Sweetness,” Father says, “this is the most important thing you ever do – you must make time to listen to Me. If you don’t, you will miss out on what I have for you. I forgive you for not coming to Me first this morning. It’s so important that you learn to obey My gentle leadings. I choose to speak to you in the still, small voice in your spirit. I won’t override your will. I cleanse you from that failure to obey. If you obey and draw near to Me, you will hear My voice more clearly.”

*(I hear God singing over Me in this song.)*

#### **DRAW NEAR**

Draw near to Me, My love/ Draw near to Me, My fair one

Precious, you are precious to Me/ Your love to Me is sweet

I love these times when you draw near

And you can receive My love

Draw near to Me My child/ I pour My love out on you

Why did you wait so long to come?

I could have helped you/ I could have held you in My arms

# Father Sings Over Me

Draw near, now come here

I will hold you, I will love you

I will hold you in My arms

Precious, you are precious to Me

I'm holding you, I'm loving you/ I'm holding you in My arms

## Confidence

“Hello, Sweetness,” Father assures me, “I’m here with you. I love you; you are Mine. I want to fill you with My confidence, confidence in Me and My love for you, confidence in who you are. You are a princess in My house, seated with Me in heavenly places. You have boldness and confident access to Me because of what Jesus did, Daughter (Eph 3:12). Draw near with a sincere heart in full assurance of faith (Heb 10:22). Draw near because you are washed and clean. Draw near with confidence to My throne of grace – you will receive mercy and grace to help in time of need (Heb 4:16). You always need My help, Beloved. Abide in Me, and your confidence will grow. Your confidence comes from Me; I want to fill you with it (2 Cor. 3:5). I am able to do exceeding abundantly above all you ask or think according to the power, My power that works within you (Eph. 3:20). My Holy Spirit works within you – the same Spirit that raised Jesus Christ from the dead (Rom 8:11). My Spirit brings life, health, healing and blessing to you and your body. I love you, and My love fills you with confidence now. You are My daughter; you can cry out, “Daddy” whenever you need help, and you always need help (Rom 8:15-16). Hold your head high in confidence and look up, for I am holding your hand. I gave you My own Son, and I will freely give you ALL THINGS

# Father Sings Over Me

(Rom 8:32). You are My precious daughter, My little baby girl, and I love you.”

“I’m writing My words on the tablet of your heart, words of love and beauty, special words for you alone,” Father says. “Precious One, draw near so I may fill you more. You need more of My love. I love you, Precious One. I’m here with you. There’s ALWAYS more for you to receive. My love is extravagant—more than you will ever need. I love to bless you, My child. You need Me so much. You don’t know how much you need Me. You are an eternal being; your spirit, soul, and personality are FOREVER, so there’s always room for more of My love in you. Receive it more, Sweetness.”

## **I Want to Break Down All the Walls**

“Rest in Me, Sweetheart,” Father says. “I’m teaching you and filling you with My love. My love for you hasn’t diminished, not in the least. I love you so much; My love is FOREVER. I will always love you. I will never, ever leave you or forsake you. Sweetness and Light you are – you bring sweetness and light to dark places.”

*(I sense God singing this song over me)*

### **I WANT TO BREAK DOWN ALL THE WALLS**

Let me fill you with My love/ let Me flood you with My light

Let Me hold you/ Let Me love you, Precious Child

I want to break down all the walls

I want to break through all your pride

So I can love you and fill you with My light

## Father Sings Over Me

Then you will shine for Me/ You will shine with My light  
If I can hold you and love you and flood you with My light

Oh, I say, Yes, Lord, break down the walls

Break down my pride

So You can fill me and love me and flood me with Your light

Then I will shine for You/ I will shine with Your light

Because You hold me, because You love me

And You flood me with Your light

Yes, Lord, break down all the walls; break down all my pride

Then You will hold me, and You will love me

And You will fill me with Your light

My light is like the light of a thousand stars

Shining brighter than you've ever seen them shine

You shine in just such a way, when you are filled with My light

You are the world's light

And you shine for Me, you shine with My light

Because I hold you and love you, and flood you with My light

# Father Sings Over Me

## About Pride

“I love you, Princess, and I am healing you,” God says. “You are My own precious child. Be strong in Me and in the power of My might. My Holy Spirit indwells you, and I am near you, here with you. I love you, Sweetness. Draw near to Me. I love you so much. My Spirit is within you. Listen. Yes, I led you to the story of King Saul this morning. Saul was deceived by pride. It is important that you not turn to your own way—this is pride. Don’t trust in your own ideas and abilities. Trust in Me. Be careful not to go in your own way. You’ve asked Me to reveal and deal with pride in your life. Whenever you go your own way, this is pride. When you say “later,” or when you ignore My still small voice, that’s pride. It’s important to listen to Me and obey. Listening is the most important thing you do. You have prayed that I show you My ways. I am showing you, and you are coming to know Me. Keep looking to Me, listening to My voice. I want to break down all the walls.”

“What walls, Lord?” I ask.

“Pride builds walls so you won’t listen or can’t hear Me,” God says. “Other walls keep you from closeness with Me: guilt and condemnation, unforgiveness, complaining, disobedience and turning your own way.”

“Yes, Lord, break down ALL these walls so I can know You more,” I respond. “I confess all these walls or sins; please cleanse me. Especially, cleanse me from pride. Break down my pride. I don’t want it. Cleanse me from my secret faults, the things I don’t know about.”

**I’m With You** *(The Lord gave me this song during a very difficult, frustrating time at work. I felt the Lord singing it over me. I wrote it*

# Father Sings Over Me

*out on a 3 X 5 card and carried it with me in my pocket at work, and it was and is such a comfort.)*

## **I'M WITH YOU**

(Chorus)

I'm with you, I am with you, I'm with you, My child

I'm with you, I am with you, I'm with you, don't be afraid

- 1) I go before you, I walk beside you  
My arms around you, I carry all your burdens  
I watch behind you as your rear guard

(Chorus)

- 2) I'm over you; you're covered with My feathers  
I'm under you to lift you in My arms  
I'm all around you; My love surrounds you

(Chorus)

- 3) I'm before you, behind you, beside you to guide you  
I'm over you, I'm under you and I'm in you  
I'm helping you, I'm holding you. I love you.

(Chorus)

**Draw Near** (*I woke up very early and God sang this song to me*)

## **DRAW NEAR TO ME**

Draw near to Me, My love

Draw near to Me, My fair one



## Father Sings Over Me

I love these times when you draw near

And you can receive My love

Precious, you are precious to Me; I will hold you in My arms

Draw near to Me, My child/ I pour My love out on you

Why did you wait so long to come?

I could have held you in My arms

So draw near

Now, come here

I will help you; I will love you

I will hold you in My arms

Precious, you are precious to Me

I'm helping you, I'm loving you

I'm holding you in My arms

I go back to bed but still get up early enough to meet with God again, and He says, "I called you this morning, Sweetness. It's so good to be with you alone. I'm so glad you've come. I have something to say to you, and you need to be still to hear it. I love it that you got back out of bed and came to Me. I love you. Be a little child so you can see what I have for you. Sit with Me for awhile."

# Father Sings Over Me

## REST IN ME

Rest in Me alone. Find in Me your peace

Rest in Me alone; you can trust in Me

I love you; you are My child

I love you; you are very My own

You need Me like the flowers need water

You need Me like the birds need their food

Come to Me and find in me your peace

Come to Me and eat and drink your fill