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# Foreword

This brand new book, *Intimacy with the Holy Spirit*, is a book that I wish I had had nine years ago. In this new revelatory handbook for the Body of Christ, Mark Virkler has put together a compelling teaching on the Holy Spirit that will truly bring you into a new encounter with His presence and power. Mark has done a tremendous job of laying out for you Who the Holy Spirit is, while also modeling how you can have fellowship with Him today. I strongly believe that the secret to the power of God is found in knowing the person of the Holy Spirit.

It was years ago in my own life and ministry, after receiving the baptism of the Holy Ghost with evidence of speaking in tongues, that I noticed there was still a hunger in my heart for more. I knew there had to be more than just the power and the gifts. That was when, through Benny Hinn's book *Good Morning, Holy Spirit*, I first began to welcome, in my own life, the friendship of the Holy Spirit. In those first early months, as a brand new Christian, I would spend 4 to 12 hours a day asking the kinds of questions that Mark has laid out in this new book. Each day I would say, "Holy Spirit, I ask for Your presence. I want You to help me worship Jesus. I want to know You more."

I would ask the Holy Spirit questions about the Bible, the function of miracles, and the anointing. I searched out and meditated on every Scripture about the Holy Spirit in my quest to know Him

more. I wanted to know Who the Holy Spirit was, what He did, and every scriptural symbol that spoke of Him. These hours each day in the Holy Spirit's presence and under His personal instruction truly were, and remain, the key to the healings, miracles, signs and wonders that my ministry is seeing around the world today.

Mark's new book has sparked in me a new hunger to say once again: "Holy Spirit, I want to know You more." I know that as you study the work and the person of the Holy Spirit laid out in the pages of this book, and as you begin to ask the Holy Spirit questions, you, too, are going to discover a new level of the manifest presence of God in your life. The Bible will come alive; an unquenchable hunger for more of God will arise in your heart, and you will experience an overflow of miracles, signs and wonders. As the Church prepares for the greatest revival to ever hit the earth, every Christian and every student of the Word and Spirit needs to have an encounter with the person of the Holy Spirit. This book provides an open door for you to begin glorious communion with God's Spirit today!

*Todd Bentley*  
*Evangelist & Revivalist*  
*Fresh Fire Ministries*

## Section One

# Why Explore the Workings of the Holy Spirit in Our Lives?

“The power of the Lord was present for Him to perform healing.” (Luke 5:17)

The provisions of God were made available to Jesus and are made available to us through the work of the Holy Spirit in our lives. This encompasses all gifts, including the power to heal, words of wisdom, words of knowledge, and knowing what God is doing at any particular time. For you to learn to be sensitive to the Holy Spirit is an extremely profitable pursuit.

Todd Bentley, a powerful healing evangelist, tells that God developed this ministry in his life by teaching him to become sensitive to the Holy Spirit within him and training him to move in the power of the Spirit. Todd describes spending hours a day for a period of months, pouring over the Scriptures that speak of the workings of the Holy Spirit in our lives. He dialogued with the Holy Spirit about each verse and became excited about the fact that the Holy Spirit would do these things in **his** life. Todd talked to the Holy Spirit about these things and listened to His response while sensing the Holy Spirit’s presence in the room.

As a result of Todd spending months alone developing a relationship with the Holy Spirit, he can feel now the Holy Spirit enter the

room during his healing crusades, and see exactly what He is doing, and hear His voice as He describes who and what He is healing.

Todd Bentley is not the only leading minister who recommends intimacy with the Holy Spirit. Benny Hinn, world-renowned healing evangelist, encourages daily fellowship with Him in his book *Good Morning, Holy Spirit*. His healing services all begin with a time of intimate worship by the assembly, wooing the Holy Spirit to come be present in a powerful healing anointing.

John Wimber, founder of the Vineyard network of churches, teaches in his books that we need to invite the Holy Spirit to come and perform healings. Then we must watch for the manifestations of His healing presence, and follow along with what we observe Him doing.

Kathryn Kuhlman emphasized honoring the Holy Spirit in her healing crusades. She even led parts of the worship, making sure the Holy Spirit's presence was there and that He was fully welcomed into the meeting.

Peter Tan, a great teacher and pastor from Malaysia, has written a powerful book on *The Anointing of the Holy Spirit* which draws the individual into greater understanding of, and interaction with, the Holy Spirit.

David Youngi Cho, pastor of the world's largest church in Seoul, Korea, also encouraged the experience of intimacy with the Holy Spirit in his book on *The Fourth Dimension*.

The following Bible meditation is designed to help you grow in intimacy with the Holy Spirit. Your goal is to become a friend of God who is able to recognize His presence and receive His instructions, especially as you minister divine healing to those in need.

So now let's explore this whole area of intimacy with the Holy Spirit, and seek to deepen our own personal relationship with Him. May this cause an increase of the release of the Holy Spirit's power to work through us as we minister the gift and grace of divine healing to ourselves and to others.

## Section Two

# The Holy Spirit – A Member of the Trinity (Separate and distinct, yet part of)

The Holy Spirit is part of the Godhead. Notice how God, Jesus and the Holy Spirit are all mentioned as working together in the following verses.

“But you, beloved, building yourselves up on your most holy faith, **praying in the Holy Spirit**, keep yourselves in the **love of God**, waiting anxiously for the **mercy of our Lord Jesus Christ** to eternal life.” (Jude 20-21)

“According to the foreknowledge of **God the Father**, by the **sanctifying work of the Spirit**, to **obey Jesus Christ** and be sprinkled with His blood.” (1 Peter 1:2)

“The **grace of the Lord Jesus Christ**, and the **love of God**, and the **fellowship of the Holy Spirit**, be with you all.” (2 Corinthians 13:14)

“After being baptized, **Jesus came up** immediately from the water; and behold, the heavens were opened, and He saw **the Spirit of God descending as a dove** lighting on Him, and behold, **a voice out of the heavens said, “This is My beloved**

**Son**, in whom I am well-pleased.” (Matthew 3:16-17)

“Go therefore and make disciples of all the nations, baptizing them in the name of the **Father and the Son and the Holy Spirit.**” (Matthew 28:19)

**Summary:** We are expected to hear and obey the voice of God (Ex. 15:26; Deut. 5:24-27; 28:1-2; 1 Jn. 1:3), have fellowship with Jesus (1 Cor. 1:9; 1 Jn. 1:3), and fellowship with the Holy Spirit (Jn. 16:13; 2 Cor. 13:14; Heb. 3:7; Rev. 2:7,11,17,29; 3:6,13,22).

The following section is from Dr. Wayne Grudem, then of Trinity Evangelical Divinity School, in his book *The Kingdom and the Power* (Regal, 1993), pp. 88-90:

***“Doesn’t the Bible teach that the Holy Spirit will never call attention to himself, but will always direct our attention to Christ? Then how can it be right to place so much emphasis on the work of the Holy Spirit today?”***

This objection is based on trying to force a false alternative, one not supported by Scripture. Of course the Holy Spirit *does* glorify Jesus (Jn. 16:14) and bear witness of Jesus (Jn. 15:26; Acts 5:32; 1 Jn. 4:2). But this does not mean that he does not make his own actions and words known! The Bible has *hundreds* of verses talking about the work of the Holy Spirit, making his work known, and the Bible is itself spoken or inspired by the Holy Spirit! Matthew 28:19, “make disciples...baptizing them in the name of the Father and of the Son and of the Holy Spirit,” suggests that the Holy Spirit is to be given equal honor with the Father and the Son in the Church.

“Moreover, the Holy Spirit frequently made himself known by some phenomenon or event that indicated his activity, both in the Old Testament and in the New Testament. This was true when the Holy Spirit came upon the 70 elders with Moses and they prophesied (Num. 11:25-26), or when the Holy Spirit came upon the judges to enable them to do great works of power (Jdg. 14:6,19; 15:14, etc.): people could *see* the effect of the Holy Spirit coming on someone in these



cases. This was also true when the Holy Spirit came mightily upon Saul and he prophesied with a band of prophets (1 Sam. 10:6,10), and it was frequently true when he empowered the Old Testament prophets to give public prophecies.

“The Holy Spirit also made himself known or evident in a visible way when he descended as a dove on Jesus (Jn. 1:32), or came as a sound of a rushing wind and with visible tongues of fire on the disciples at Pentecost (Acts 2:2-4). In addition, when people had the Holy Spirit poured out on them and began to speak in tongues or praise God in a remarkable and spontaneous way (see Acts 2:4; 10:44-46; 19:6), the Holy Spirit certainly made his presence known as well. And Jesus promised that the Holy Spirit within us would be so powerful he would be like a river of living water flowing out from our inmost beings (see John 7:38-39); certainly that simile suggests a kind of presence that people would be aware of, a presence that would somehow be perceptible.

“In the Church and in the lives of individual believers, the Holy Spirit does not entirely conceal his work, but makes himself known in various ways. In Acts 13:1-2, it is the Holy Spirit who gives direction in response to fasting and worship. Acts 15:28 suggests that the apostles and elders of the Jerusalem church sought the Spirit in their decisions to find out what ‘seemed good to the Holy Spirit.’

“The Spirit also bears witness with our spirit that we are children of God (Rom. 8:16), and cries, “Abba, Father” (Gal. 4:6). He provides a guarantee or a down payment of our future fellowship with him in heaven (2 Cor. 1:22; 5:5), and reveals his desires to us so that we can be led by those desires and follow them (Rom. 8:4-16; Gal. 5:16-25). He gives gifts that manifest his presence (1 Cor. 12:7-11). And from time to time he works miraculous signs and wonders and miracles that strongly attest to the presence of God in the preaching of the gospel (Heb. 2:4; compare 1 Cor. 2:4; Rom. 15:19; 1 Thess. 1:5).

“It seems more accurate, therefore, to say that although the Holy Spirit *does* glorify Jesus, he also frequently calls

attention to his work and gives recognizable evidences that make his presence known. Indeed, it seems that one of his primary purposes in the new covenant age is to *manifest* the presence of God, to give indications that make the presence of God known. And when the Holy Spirit works in various ways that can be perceived by believers and unbelievers, this encourages people's faith that God is near and that he is working to fulfill his purposes in the Church and to bring blessing to his people."

### **Journaling by Mark Virkler with God the Father about addressing the Holy Spirit:**

Lord, am I to ask the Holy Spirit for the things He gives, or am I to ask You or Jesus?

Mark, you can ask any of the three of Us. We are one, and your messages all come to Me (the Father), and I respond to them by sending you the right and proper things for your life at that time.

It is good not to grieve the Holy Spirit, so to address Him and call forth His gifts to you during special times is good for it honors Him and releases Him, His presence and His gifts. One way of grieving Him is to ignore Him. So to speak with Him is good and profitable. I would have My children do it more than they are. I am revealing My Spirit in a greater way to My world. Acknowledging Him is good and is important. I am not offended when you acknowledge Him. Indeed I am honored that you have honored Him. So do it often. Do it constantly. It can only bring good to your life.

Lord, what about those that say it is wrong to address the Holy Spirit?

Mark, leave them to Me, saith the Lord of Hosts. I shall deal with them.

Yes, Lord. Thank You, Lord. (End of journal entry.)

## Journaling with Jesus on another day:

Mark, I do come in power and I do come in authority. My power, My authority, My love, My healing, and My compassion can all be felt experiences. For I am an experience, and you can feel each and every part of Me. You can feel My power flowing through you, and it does feel in many ways similar to the electrical power you are used to feeling in the natural world. It does have heat, frequency and can be seen as light. This is surely biblical. I use multiple words for power in My Holy Bible and there are many recorded responses to it.

Mark, there are many principles which provide for the experiences of light, power, heat and trembling:

- ❖ My presence is My person.
- ❖ My anointing is My power.
- ❖ Both can be felt experiences.
- ❖ Both can be seen experiences.

Do not fear or turn away. Press on into My presence.

Mark, there is no caution in My Word about building a relationship with the Holy Spirit. He is one of Us. He is joined to Us. You can dialogue with Him as easily as you dialogue with Me, and as easily as you dialogue with the Father. We are not jealous when your attention is given to Another. Each of Us celebrates the Other. Each of Us perform different functions. You are to explore Scripture to discover Our different functions, and then you are free to communicate with Us concerning Our specific functions. Is that not what one does in all of life? Why would it be any different with the three of Us?

Taste and see that the Lord is good. (End of journal entry.)

## Possible responses to the presence of God and the power of the Holy Spirit

(Borrowed with permission from Dr. Gary Greig):

1. Shaking or trembling (Ex. 19:16; Ps. 2:11; 96:9; 114:7; 119:120; 1 Chron. 16:30; Ezra 9:4; Isa. 66:5; Jer. 5:22; 23:9; Dan. 10:10-11; Matt. 28:4; Acts 7:32; Heb. 12:21).
2. Falling over -"resting" or "being slain" in the Spirit (1 Kgs. 8:11; Ezek. 1:28; 3:23; Dan. 8:17-18; 10:9; Matt. 28:4; Jn. 18:6; Acts 9:4; 26:14; 1 Cor. 14:25; Rev. 1:17).
3. Intoxicated state of mind (Acts 2:4,13,15; Eph. 5:18; cf. 1 Sam. 1:12-17; 19:23f.).
4. Bodily writhing and distortion under the influence of a demon (Mk. 1:21-26; 9:26; Lk. 8:28).
5. Laughing, shouting, or sobbing (Gen. 17:1,3,17; Ezra 3:12,13; Neh. 8:9; 12:43; Ps. 126:2).
6. Prolonged exuberant praise (Lk. 1:46-55,64,68-79; 5:25; 17:15; Acts 3:8-10).
7. Feeling heat, energy (Mk. 5:30; cf. Col. 1:29 *energeia/dunamis*), deep peace (Rom. 15:13; 1 Cor. 14:33), etc.
8. Visible radiance (Acts 2:3; 6:15 and 7:55; 2 Cor. 3:18 and Ex. 34:29).
9. Trance-like state (Acts 10:10ff.; 22:17ff.).
10. Groaning or inarticulate sounds (Rom. 8:26).

# Section Three

## How to Do Two-way Journaling

The age in which we live is so married to rationalism and cognitive, analytical thought that we almost mock when we hear of one actually claiming to be able to hear the voice of God. However, we do not scoff, for several reasons. First, men and women throughout the Bible heard God's voice. Also, there are some highly effective and reputable men and women of God alive today who demonstrate that they hear God's voice. Finally, there is a deep hunger within us all to commune with God, and hear Him speak within our hearts.

As a born-again, Bible-believing Christian, I struggled unsuccessfully for years to hear God's voice. I prayed, fasted, studied my Bible and listened for a voice within, all to no avail. **There was no inner voice that I could hear!** Then God set me aside for a year to study, read, and experiment in the area of learning to hear His voice. During that time, the Lord taught me **four keys that opened the door to two-way prayer.** I have discovered that not only do they work for me, but they have worked for many thousands of believers who have been taught to use them, bringing tremendous intimacy to their Christian experience and transforming their very way of living. This will happen to you also as you seek God, utilizing the following four keys. They are all found in Habakkuk 2:1,2. I encourage you to read this passage before going on.

**Key #1 — God’s voice in our hearts sounds like a flow of spontaneous thoughts. Therefore, when I tune to God, I tune to spontaneity.**

The Bible says that the Lord answered me and said...(Hab. 2:2). Habakkuk knew the sound of God’s voice. Elijah described it as a still, small voice (1 Kings 19:12). I had always listened for an inner **audible** voice, and surely God can and does speak that way at times. However, I have found that for most of us, most of the time, **God’s inner voice comes to us as spontaneous thoughts, visions, feelings, or impressions.** For example, haven’t each of us had the experience of driving down the road and having **a thought come to us** to pray for a certain person? We generally acknowledge this to be the voice of God calling us to pray for that individual. My question to you is, “What did God’s voice sound like as you drove in your car? Was it an inner, audible voice, or was it a spontaneous thought that lit upon your mind?” Most of you would say that God’s voice came to you as a spontaneous thought.

So I thought to myself, “Maybe when I listen for God’s voice, I should be listening for a flow of spontaneous thoughts. Maybe spirit-level communication is received as spontaneous thoughts, impressions, feelings, and visions.” Through experimentation and feedback from thousands of others, I am now convinced that this is so.

The Bible confirms this in many ways. The definition of *paga*, the Hebrew word for intercession, is “a chance encounter or an accidental intersecting.” When God lays people on our hearts for intercession, He does it through *paga*, a chance-encounter thought, accidentally intersecting our thought processes. Therefore, when I tune to God, I tune to chance-encounter thoughts or spontaneous thoughts. When I am poised quietly before God in prayer, I have found that the flow of spontaneous thoughts that comes is quite definitely from God.

## **Key #2 — I must learn to still my own thoughts and emotions, so that I can sense God's flow of thoughts and emotions within me.**

Habakkuk said, "I will stand on my guard post and station myself on the rampart..." (Hab. 2:1). Habakkuk knew that in order to hear God's quiet, inner, spontaneous thoughts, he had to first go to a quiet place and still his own thoughts and emotions. Psalm 46:10 encourages us to be still, and know that He is God. There is a deep inner knowing (spontaneous flow) in our spirits that each of us can experience when we quiet our flesh and our minds.

I have found several simple ways to quiet myself so that I can more readily pick up God's spontaneous flow. Loving God through a quiet worship song is a most effective means for me (note II Kings 3:15). It is as I become still (thoughts, will, and emotions) and am poised before God that the divine flow is realized. Therefore, after I worship quietly and then become still, I open myself for that spontaneous flow. If thoughts come to me of things I have forgotten to do, I write them down and then dismiss them. If thoughts of guilt or unworthiness come to my mind, I repent thoroughly, receive the washing of the blood of the Lamb, and put on His robe of righteousness, seeing myself spotless before the presence of God (Is. 61:10; Col. 1:22).

As I fix my gaze upon Jesus (Heb. 12:2), becoming quiet in His presence, and sharing with Him what is on my heart, I find that two-way dialogue begins to flow. Spontaneous thoughts flow from the throne of God to me, and I find that I am actually conversing with the King of Kings.

It is very important that you become still and properly focused if you are going to receive the pure word of God. If you are not still, you will simply be receiving your own thoughts. If you are not properly focused on Jesus, you will receive an impure flow, because the intuitive flow comes out of that upon which you have fixed your eyes. Therefore, if you fix your eyes upon Jesus, the intuitive flow comes from Jesus. If you fix your gaze upon some desire of your heart, the intuitive flow comes out of that desire of your heart. To have a pure flow you must first of all become still, and secondly, you must carefully fix your eyes upon Jesus. Again I will say, quietly worshipping the King, and then receiving out of the stillness that follows quite easily accomplish this.

### **Key #3 — As I pray, I fix the eyes of my heart upon Jesus, seeing in the spirit the dreams and visions of Almighty God.**

We have already alluded to this principle in the previous paragraphs; however, we need to develop it a bit further. Habakkuk said, “I will keep watch to see,” and God said, “Record the vision” (Hab. 2: 1,2). It is very interesting that Habakkuk was going to actually start looking for vision as he prayed. He was going to open the eyes of his heart, and look into the spirit world to see what God wanted to show him. This is an intriguing idea.

I had never thought of opening the eyes of my heart and looking for vision. However, the more I thought of it, the more I realized this was exactly what God intends for me to do. He gave me eyes in my heart. They are to be used to see in the spirit world the vision and movement of Almighty God. I believe there is an active spirit world functioning all around me. This world is full of angels, demons, the Holy Spirit, the omnipresent God, and His omnipresent Son, Jesus. There is no reason for me not to see it, other than my rational culture, which tells me not to believe it is even there and provides no instruction on how to become open to seeing this spirit world.

The most obvious prerequisite to seeing is that we need to look. Daniel was seeing a vision in his mind and he said, “I was looking...I kept looking...I kept looking” (Dan. 7:2,9,13). Now as I pray, I look for Jesus present with me, and I watch Him as He speaks to me, doing and saying the things that are on His heart. Many Christians will find that if they will only look, they will see. Jesus is Emmanuel, God with us (Matt. 1:23). It is as simple as that. You will see a spontaneous inner vision in a manner similar to receiving spontaneous inner thoughts. You can see Christ present with you in a comfortable setting, because ***Christ is present with you in a comfortable setting.*** Actually, you will probably discover that inner vision comes so easily you will have a tendency to reject it, thinking that it is just you. (Doubt is Satan’s most effective weapon against the Church.) However, if you will persist in recording these visions, your doubt will soon be overcome by faith as you recognize that the content of them could only be birthed in Almighty God.



God continually revealed Himself to His covenant people using dream and vision. He did so from Genesis to Revelation and said that, since the Holy Spirit was poured out in Acts 2, we should expect to receive a continuing flow of dreams and visions (Acts 2:1-4,17). Jesus, our perfect Example, demonstrated this ability of living out of ongoing contact with Almighty God. He said that He did nothing on His own initiative, but only that which He *saw the Father doing, and heard the Father saying* (Jn. 5:19,20,30). ***What an incredible way to live!***

Is it actually possible for us to live out of the divine initiative as Jesus did? A major purpose of Jesus' death and resurrection was that the veil be torn from top to bottom, giving us access into the immediate presence of God, and we are commanded to draw near (Lk. 23:45; Heb. 10: 19-22). Therefore, even though what I am describing seems a bit unusual to a rational twentieth-century culture, it is demonstrated and described as being a central biblical teaching and experience. It is time to restore to the Church all that belongs to the Church.

Because of their intensely rational nature and existence in an overly-rational culture, some will need more assistance and understanding of these truths before they can move into them. They will find this help in the book *Communion With God* by the same authors.

#### **Key #4 — Journaling, the writing out of our prayers and God's answers, provides a great new freedom in hearing God's voice.**

God told Habakkuk to record the vision and inscribe it on tablets...(Hab. 2:2). It had never crossed my mind to write out my prayers and God's answers as Habakkuk did at God's command. If you begin to search Scripture for this idea, you will find hundreds of chapters demonstrating it (Psalms, many of the prophets, Revelation). Why then hadn't I ever thought of it?

I called the process "journaling," and I began experimenting with it. I discovered it to be a fabulous facilitator to clearly discerning God's inner, spontaneous flow, because as I journaled **I was able to write in faith for long periods of time**, simply believing it was

God. I did not have to test it as I was receiving it (which jams one's receiver), because I knew that when the flow was over **I could go back and test and examine it carefully**, making sure that it lined up with Scripture.

You will be amazed when you attempt journaling. Doubt may hinder you at first, but throw it off, reminding yourself that it is a biblical concept, and that God is present, speaking to His children. Don't take yourself too seriously. When you do, you become tense and get in the way of the Holy Spirit's movement. It is when we cease **our labors** and enter His rest that God is free to flow (Heb. 4:10). Therefore, put a smile on your face, sit back comfortably, get out your pen and paper, and turn your attention toward God in praise and worship, seeking His face. As you write out your question to God and become still, fixing your gaze on Jesus, Who is present with you, you will suddenly have a very good thought in response to your question. Don't doubt it, simply write it down. Later, as you read your journaling, you, too, will be blessed to discover that you are indeed dialoguing with God.

**Some final notes.** The safeguards which you should establish as you journal are as follows: 1) You should have received Jesus Christ as your personal Lord and Savior (see Appendix A); 2) You should read through at least the New Testament (preferably, the entire Bible); and 3) You should be submitted to solid, spiritual people who can provide covering for your journaling.

Finally, all major directional moves which come through journaling should be submitted before being acted upon.

For a complete teaching on this topic, order the Communion With God Study Guide at [www.CWGministries.org](http://www.CWGministries.org) or call 716-652-6990. You will find an online catalog of 60 books available by Mark & Patti Virkler as well as 100 college courses through external degree. Email: [cwg@cwgministries.org](mailto:cwg@cwgministries.org).

## Section Four

# How to Biblically Meditate on the Verses in This Booklet

Following are some of the activities of the Holy Spirit as listed in Scripture. These are things He can and does do in relation to us, especially as we seek Him and ask Him to meet us in these ways.

- ❖ Write a journal entry after each of these verses, asking the Holy Spirit to speak to you about your experience of the truth being taught in the verse.
- ❖ As you journal, ask the Holy Spirit to provide to you the grace being discussed in the verse.
- ❖ Record the resulting experience.

As I did this exercise, I was seeking greater intimacy and sensitivity to the Holy Spirit, and a greater release of words of revelation and healing power, which I subsequently received. Take your time to get to know the Holy Spirit personally and intimately as you journal through these Scriptures. Re-read your journal entries from the previous day as a way of deepening what God has spoken to you. When you have finished this booklet, go back and re-read all journaling entries as a review, and make a list of any key actions God wants you to take away from this meditation on the Holy Spirit. Review this list of actions once a week for a few months, until you have internalized them.

**We sense the Spirit's voice as spontaneous thoughts and His feelings as spontaneous emotions which we receive as we look to Him. There are many biblical images of the Holy Spirit which we can use when we look to Him.**

Following are some Scriptural images of the Holy Spirit we can hold in our imaginations as we approach Him. Remember, we are commanded to use our imaginations to picture the things God has revealed to us in His Word.

**“O LORD God of Abraham, Isaac, and of Israel, our fathers, keep this forever in the imagination of the thoughts of the heart of thy people, and prepare their heart unto thee.”**  
(1 Chronicles 29:18 KJV)

So picturing the Holy Spirit in one of the following ways is a good jumping off place for you to begin fellowshiping with Him.

**The Holy Spirit can be seen as:**

**A River** (Jn. 7:38-39)

**A Poured Out Blessing** (Isa. 44:3-4) and **Oil of Blessing Poured Out** (1 Sam. 16:13; Ps. 133:1-3)

**Fire** (Isa. 4:4)

**The Illuminator** (1 Cor. 2:10-11; Eph. 1:17ff.)

**Wind** (Jn. 3:8)

**Tongues as of Fire** (Acts 2:3-4)

**A Dove** (Mk. 1:10)

**God's Radiant Glory** (2 Cor. 3:8,18; 1 Pet. 4:14)

**A Descended Cloud of Glory** (Num. 11:25; 2 Chron. 5:14)

**Names given to the Holy Spirit:** Helper, Holy Spirit (Jn. 14:26); Spirit of Truth (Jn. 15:26); Spirit of the Lord (Acts 5:3,9); Spirit, Spirit of God and Spirit of Christ (Rom. 8:9). Please look up each of these verses and ask the Holy Spirit to talk with you concerning how He reveals Himself to you through each of His names.

**Stop reading now!** Look up each of the above verses, holding them in the imagination of your heart so you become comfortable seeing the Holy Spirit in each of these ways. As you are holding each picture in the imagination of your heart, ask the Holy Spirit to speak to you about experiencing Him in this particular way. Record what

He says in a separate journal. Below is Mark Virkler's journaling on the above verses. Once you have done your own journaling, then go on to read Mark's journaling.

## **The Holy Spirit can be seen as:**

### **A River (John 7:38-39)**

Jesus, may I speak with the Holy Spirit about this verse?

Mark, why don't you start by speaking to Me.

Okay. Jesus, what would You like to say to me concerning this?

Mark, I am the Author and Giver of Life. It is belief in Me that releases the river of the Holy Spirit. The river is available to those who have come to Me, who have given their lives to Me, who have chosen to follow Me. The Holy Spirit follows My lead, He goes where I have gone. He fills that which I have opened to Him. One comes first to Me and then I introduce him to the power and the presence of My Holy Spirit. I take the lead, and the Spirit follows My lead.

Once you have joined your heart to Me, then I open you up to the wonderful river of God – the river of the Holy Spirit. You will then experience Him flowing and surging within you. It is because I have opened the door of your heart to His wonderful presence. Now go and talk with Him about His presence in your heart.

Holy Spirit, what would You speak to me concerning Your presence in my heart?

Well, Mark, you have felt Me many times. I am the surge of laughter and joy which you experience within. I make your heart merry. I release the pressures you are carrying and give you merriment of heart and soul. When you have felt that, you have felt Me. I am the river of life within you, splashing and surging along, which you experience when

your eyes are fixed on Me or upon the Lord Jesus Christ. As you see Us, you feel Us. You feel Our presence within you. You feel the surge of life, the energy, the vitality, the empowering that makes you more than you are, more than you were when you stood alone.

You become full of life, of My life pulsating within you. That is pure energy. That is My energy, My pulse of life which you feel within. It is God's energy being sent through Me to you. When you feel this energy, you are feeling Me. When you sense this energy, you are sensing Me. For behold I have spoken and behold it is to be accepted. This is Me speaking to you, Mark. Do not doubt in your heart, but believe it is I. Have I not been with you all your Christian life? Have I not spoken to you often, and you heard? Why would you doubt now? Believe in Me. Believe that all that is spoken is true within you. Believe in My words to you, My son. Only believe.

Holy Spirit, I am sorry for my unbelief. I repent of it and cast it aside. I come to You and I believe.

Thank you, My son. Now we can go on.

Mark, My pulse of life is within you forever. You have felt it throughout most of your life, for you have sought Me most of your life. That is what keeps one young and vibrant...you have not seemed to age like some others. It is because you have hungered for and sought Me, My divine creativity, My life, My spark. You have sought Me hungrily all of your Christian life, and I have met you, and thus I have kept you young.

You have cleansed your heart of angers and sins and other things which would have become blocks to My free flow within you. Thus My flow has continued within you, effortlessly pulsating as a raging river through you, even as it is now, as you forge ahead to build a new highway which others may walk upon. That is the raging of My river within you. That drive to find, to discover, to be all you can be. That is the forging of My river within you.

So rest assured that you have walked and lived in My river most all of your life. That is what has brought you to this place. That is what will take you on. It is the raging and release of My river within your heart and your soul. So come to Me. Come to Me often, My son. Come and we shall talk and you shall get to know Me more intimately than you have ever known Me in the past. Come, saith the Lord of Hosts. (I speak the words the Father gives Me to speak, thus it is the Lord of Hosts talking through Me.)

Thank You, Holy Spirit. I shall come.

Now go, My son.

Later...

Mark, you will note that you can feel Me as a river, as a flow, as energy, as excitement, as life, as pulse. These are all Me, My presence, My life within you. These are some of the ways you can sense Me. These are ways you have sensed Me.

So, Holy Spirit, it has actually been Your voice I have been hearing and dialoguing with, rather than Jesus' voice?

Well, Mark, we both do have Our own voices. Sometimes it has been Me and sometimes it has been Jesus and sometimes it has been the Father. You have just never been specific in the past or looked for Our three voices. You have only looked for Jesus' voice, so you have on most occasions considered it to be His voice, even though from time to time, it has been Mine and/or the Father's.

That has been fine with Us, as We are not jealous of One Another's popularity. However, you are at a point in your life where you are going to begin to distinguish Our voices, One from Another, and enter more deeply into dialogue and experience of each of the three of Us. This will be a wonderful deepening of your walk with Us. So come often and enjoy the path which has been set before you. Come. The Father, the Son and the Spirit say, "Come."

Lord, how can I recognize each of Your three voices?

Well, Mark, obviously it will depend on Whom you have come to. If you come to the Father, it will be the Father's voice. If you come to the Son, it will be the Son's voice, and if you come to the Holy Spirit, it will be the Spirit's voice. So you will ask, "To Whom have I come? Upon Whom am I fixing my eyes? Of Whom am I asking the question, or dialoguing with?"

There are also distinctives in the sound of Our voices. The Father's voice is distinct in that He speaks with awesome authority, for all things originate with Him. The Son shows the compassion and mercy of God, and so His voice rings with compassion and mercy. The Holy Spirit's voice is distinct in that it rings with intimacy, as He is the One Who grants you access before the throne room of God. He is the One Who is joined directly to your spirit.

So you will find this difference in texture to Our three voices. As you look for these characteristics, you will find them, and as you fix your eyes on each of Us, you will discover Our individual voices. And yes, We can speak as a combined voice, even as We are doing now, for now it is the three of Us speaking as One. This, too, is possible, as the three of Us are One.

Wow, Lord, that is amazing.

No more amazing than the fact that you can speak for your whole being. In addition, your body can speak with pain or health, your soul with joy or grief, and your spirit with passion or lethargy, or you can speak for them all or for any one of them. You, too, are three parts, each of which can speak, or you can speak for any or all three of the parts. The same is true of Us. We can speak as One, or We can speak individually as any of Our three parts.

Well, that picture makes perfect sense to me. Thank You for helping me see in a clear vision that is meaningful to me.



You are welcome, My son...

Lord, is there more You want to say?

Yes, enter into My presence with worship. Come before My courts with praise.

Yes, Lord. (After worship I received the following.)

**A Poured Out Blessing (Isaiah 44:3-4) and Oil of Blessing Poured Out (1 Samuel 16:13; Psalm 133:1-3)**

Mark, I am the poured out blessing of the Father upon you and your family and your offspring and your lands, and upon all that you put your hand to do. When your ways honor the Father, He pours out His blessing upon you. That is Me which is being poured out upon you. That is why My gifts are selective. They are selected by the Father and poured out through Me.

You receive in response to your heart. Those whose hearts are totally His, receive mightily from the throne. Those whose hearts are selectively His, receive selectively from the throne. So Christianity is not about the mind, but about the heart, even as you have been preaching. It is not about what you know, but about the condition of one's heart. That is what thrills the Father. That is what causes My blessing to be poured out upon you, My son. So come to the Father with a pure heart, with a whole heart, and receive grace in time of need.

Holy Spirit, what is Your poured out blessing like?

It is like oil that is poured out upon you and your life. It fills every nook and cranny. It flows down from your head to your feet, for it comes from heaven and is poured out over you. It is rich and fine and has a divine fragrance to it. This fragrance is perceived by one's spiritual senses, and is attractive, drawing good things your way and repulsing evil things. It is the aroma of My Spirit which is felt and sensed,

and yes, even smelled by those whose senses are tuned to such things. All people's spirits smell and sense My presence, and some people's souls do, depending on how well they have trained themselves to sense My spiritual realm.

So I am a magnet that attracts good things to you and repulses evil things. Even as an earthly magnet both attracts and repels, so the magnet of My Spirit both attracts and repels. It attracts the good in life and repels the evil. Thus calamities hit one and miss another. There are many reasons for this, but this is one of those reasons.

Mark, even as oil causes everything to work together smoothly and takes the friction out of things, so the oil of My presence causes relationships to be at peace and for life to become smooth and more free of friction. Yes, there will be times of tribulation, I have said that, but there will also be times of blessing and prosperity. I have also spoken that. And the oil of My presence brings forth times of prosperity and blessing. These times also flow down upon one's life.

So walk in holiness, and expect My blessing. Expect the oil of My anointing upon your every act. Expect a poured out blessing, for that is My Father's will concerning you. Walk in holiness and purity of heart and mind, and these things shall be yours. And yes, you can feel this flow, this blessing, this oil. There is an inner flow of My river within you. There is an outer flow of My blessing upon you, and there is a healing flow of My oil down over you which makes all things right and restores all things. Accept and sense and receive these things.

Yes, Lord. Thank You, Lord.

### **Fire (Acts 2:3-4)**

Mark, you can see Me as fire. You can also experience Me as fire in a multitude of ways. I am the fire that purifies your heart, your soul and your spirit. I am the fire that burns impurities out of your life. I am the fire that burns sickness and infirmity out of your life and restores your health. I am the heat you feel in your hands as you lay them upon those

that are sick. I am ablaze with glory and many have seen Me when they have seen the Father, for I am the fire that surrounds the throne in heaven. I can be seen as that fire, or as the fire that rests upon the heads of those whom are filled by Me.

You can look and you will see, for I am there. I can be felt as the heat which flows through your hands, and as the passion of God which strips away sin in your life. Thus you can see Me and feel Me and even touch Me as the fiery passion for God which lives in your heart. That, too, is Me, saith the Holy Spirit. That, too, is Me. So come to Me and sense Me and feel Me, saith the Spirit of God.

### **The Illuminator (1 Corinthians 2:10-11; Ephesians 1:17ff.)**

Mark, you have experienced Me much as the Illuminator of your heart and soul and mind. You have sought for divine revelation, and tuned to My flow, and I have illuminated your heart and mind with My thoughts and My words. As a Spirit-anointed teacher, this has been a strong gift within you. You know how to do this and you have done it often. You feel My words within your spirit. You feel when the right word is fitted and when the wrong word is there. You feel peace or unrest.

You feel when truth is arrived at and you also feel when it is not arrived at. You feel the peace and unrest of the Spirit, and the flow of My thoughts and insights and pictures within you. I reveal the Father to you, and you receive and understand. Your spirit is fine-tuned to these sensations, because through practice you have had your spiritual senses trained. All My children can tune their spiritual senses through practice. You, too, can practice sensing Me in the ways you have not in the past, and you, too, can become skilled in sensing Me in a multitude of ways.

### **Wind (John 3:8)**

Mark, as a Spirit, I move freely, unhindered by any body. Yes, in a sense I move like the wind, flowing throughout the earth, accomplishing the purposes of Almighty God. I come

in response to prayer. I meet God's children and release divine provision into their lives. I move quickly, quietly and easily throughout the earth doing the will of the Father.

You can call upon Me to come to you and to meet your needs, and the Father will hear the prayer and will send Me to you. I will be the breath of fresh air you receive when you feel you are desperate. I am the life that replaces the death, the warmth that replaces the cold, the wholeness that replaces the brokenness. I am the life your soul hungers for, so when you are in despair, come to Me, saith the Lord of Hosts, and I will send My Spirit to minister to you like the wind.

### **A Dove (Mark 1:10)**

Mark, I am the dove of God's presence which descends upon you from the Father. When He is pleased with you and your actions, He sends Me to descend and light upon you. I bring with Me a divine presence and a divine authority which can be sensed by your spirit and others' spirits. You will feel this, and others will feel it. Even as Jesus spoke with authority, so you speak with authority, for you speak the things the Father has taught you. Thus you have His authority and My presence.

You will feel My presence as life, energy, wisdom, anointing, power and again I say, energy. For I bring energy and I bring power. So look for Me to light upon you with these things, for these are the gifts of the Father unto you.

Thank You, Father and Holy Spirit.

### **God's Radiant Glory (2 Corinthians 3:8,18; 1 Peter 4:14)**

Mark, My Spirit of Glory does rest upon you and you do sense it and you do radiate it. There is a shine upon the face of the one who has been in the Father's presence. That shine is the radiant glory I give to you as I rest upon you and fill you.

Since I am light and energy and power, there is a radiant glow about Me and about those who have been in My presence. You have that glow, as do all My children who

have been in My presence. This glow becomes brighter and brighter as one spends more and more time in My presence, and dimmer and dimmer as one spends less and less time in My presence. So come to Me and enjoy Me and worship in spirit and in truth for such releases the radiance of My glory.

Yes, Holy Spirit.

#### **A Descended Cloud of Glory (Numbers 11:25; 2 Chronicles 5:14)**

Mark, the cloud of My presence can be seen and felt and touched (in the spiritual realm). I come as a wind, in a cloud which is the glory of the Most High God. I bring His glory to earth so people can feel and sense and touch it. Where His glory is, His power and His presence are. In His presence is all one needs for life, health and happiness.

My glory is a spiritual substance. It has weight and area and mass. It can be felt with the senses of your spirit. It is a most cherished experience. It comes where there is worship, love and gratitude toward one another and toward the Father. So the gift of My presence is not a head thing at all, it is a spiritual experience which is the result of God honoring a worshipping heart.

So again, you see, Christianity is all about the heart and not the head. And again you see how distorted it has become as a western religion. I have called you to come back to Me and to lead others back to Me. So come, My son, and let us enjoy life together.



## Section Five

# Scriptures on the Holy Spirit, Listed Essentially in Biblical Order

### **How to complete the following pages of two-way journaling:**

Begin each of your journal entries by prayerfully reading the Scripture on the top of the page. Ask the Holy Spirit to reveal to you the answer to the Meditation Question(s), drawing upon Spirit-led reasoning, and record them. Finally, fix your eyes on the Holy Spirit and complete the two-way journaling exercises.

Fix your eyes on the Holy Spirit by seeing Him as He is pictured in one of the emblems discussed in the above section. We can see the Holy Spirit in action by tuning to spontaneous pictures which we receive as we look to Him and ask Him to show us Himself and what He is doing.

As you complete the two-way journaling, tune to spontaneous thoughts, spontaneous feelings, and spontaneous pictures, and write down what you are receiving. Do your journaling on each page where blank space is provided, or on your computer. For those who wish to do this journaling on their computers, an electronic version of this book is available from [www.cwgministries.org](http://www.cwgministries.org).

**Maintain an ongoing relationship with your spiritual advisors!** Be sure to submit your journaling to your spiritual advisors on a regular basis for confirmation or adjustment. In the multitude of counselors there is safety, and every fact is to be confirmed by two or three witnesses (Prov. 11:14; 2 Cor. 13:1). List below the names of the people to whom you will be submitting your journal entries from this book. You can email your journaling to them, or telephone and read it to them, or copy and mail it to them. Just make sure to do one of these.

Name of Spiritual Advisor #1 \_\_\_\_\_

E-mail Address \_\_\_\_\_

Name of Spiritual Advisor #2 \_\_\_\_\_

E-mail Address \_\_\_\_\_

Name of Spiritual Advisor #3 \_\_\_\_\_

E-mail Address \_\_\_\_\_

Now, let's begin.



**Scripture:** *The earth was formless and void, and darkness was over the surface of the deep, and the Spirit of God was moving over the surface of the waters. Then God said, "Let there be light"; and there was light. (Genesis 1:2-3)*

**Meditation Questions:** What does the Holy Spirit do? What is the result of the moving of the Spirit of God, and the spoken word of God?

**Two-way Journaling Response:** Holy Spirit, what do You want to say to me concerning this verse and/or this experience in my own life?

**Scripture:** *Then the LORD said, "My Spirit shall not strive with man forever, because he also is flesh; nevertheless his days shall be one hundred and twenty years." (Genesis 6:3)*

**Meditation Question:** What does the Holy Spirit do?

**Two-way Journaling Response:** Holy Spirit, what do You want to say to me concerning this verse and/or this experience in my own life?

**Scripture:** *Then Pharaoh said to his servants, "Can we find a man like this, in whom is a divine spirit?" So Pharaoh said to Joseph, "Since God has informed you of all this, there is no one so discerning and wise as you are. You shall be over my house, and according to your command all my people shall do homage; only in the throne I will be greater than you." (Genesis 41:38-40)*

**Meditation Questions:** What can the Holy Spirit do? What can the results be?

**Two-way Journaling Response:** Holy Spirit, what do You want to say to me concerning this verse and/or this experience in my own life?