

# Blood Thinners

## DISCLAIMER

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The information provided herein is intended for a general knowledge only and is not a substitute for medical advice or a treatment for specific medical conditions. You assume full responsibility for how you choose to use this information. Always consult with your doctor or other professional healthcare provider for a medical advice.

1. [Blood Clots: Causes & Symptoms + 8 Natural Remedies](#) – Dr. Josh Axe
2. [Blood Thinners for Heart Disease](#)
3. [List of Anticoagulant Drugs \(Blood Thinners\)](#)
4. [Top 10 Blood Thinner Medications](#)
5. [How Do New Blood Thinners Compare to Warfarin?](#)
6. [How to Steer Clear of Side Effects of Blood Thinners](#)
7. [Five natural blood thinners that protect against strokes and blood clots](#)

## Mercola

1. [Garlic Is a Great Blood Thinner](#) – Mercola
2. [The many potential health benefits of curcumin](#) – Mercola
3. [Lumbrokinase for Heart Health?](#) – Mercola
4. [Here's the Latest on Nattokinase](#) – Mercola
5. [Turmeric Tea May Help Relieve Inflammation and More](#) – Mercola

## GreenMedInfo

1. [6 Healthy Reasons to Eat More Real Cinnamon \(Not its Cousin\)](#) – GreenMedInfo
2. [Pycnogenol Beats Out Aspirin](#) – GreenMedInfo
3. [Science Confirms Turmeric As Effective As 14 Drugs](#) – GreenMedInfo
4. [5 Most Powerful Health Benefits of Ginger](#) – GreenMedInfo
5. [Turmeric: Better Than Aspirin For Heart Disease Prevention?](#) – GreenMedInfo
6. [The Evidence Against Aspirin And For Natural Alternatives](#) – GreenMedInfo
7. [15 Abstracts with Nattokinase Research](#) – GreenMedInfo
8. [Consumption of nattokinase was associated with a reduction in both systolic and diastolic blood pressure.](#)
9. [Nattokinase could be a good candidate without adverse effects for the improvement of blood flow.](#)
10. [This review covers the history, benefit, safety, and production of nattokinase.](#) – GreenMedInfo
11. [9 Abstracts with Deep Vein Thrombosis Research](#) – GreenMedInfo
12. [Resveratrol blocks human platelet aggregation and eicosanoid synthesis.](#) – GreenMedInfo
13. [Nattokinase reduces red blood cell aggregation.](#) – GreenMedInfo
14. [Oral lumbrokinase improves regional myocardial perfusion in patients with stable angina.](#) – GreenMedInfo