

Prayer Ministry of Identifying and Releasing “Alters” to Jesus

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Note to Pastors/Counselors:

Bob loves having you on the phone with him as a training session while he prays with clients that you recommend to him. He is also more than willing to have you bring him to your church to minister to your people and train you and your leaders in this form of prayer.

Definition of “alter”: an alternative personality (i.e. part) which has been created to assist in dealing with some trauma. This “alter” becomes a splinter part within one’s heart or soul.

One’s core person may call upon this alter personality to come forward to “handle” the same or a similar trauma when it presents itself, even if it is many years later.

How an “Alter” is formed

- **Through incorrect responses to life’s traumas.** Rather than presenting the trauma to Jesus to handle, we take on the offense and pain thus creating a sub-personality (i.e. alter) within to handle it. This grants legal rights for demons to enter and attach themselves to this “alter.” We must remember that what children perceive as traumas may be very different from what adults perceive as trauma. A daddy not taking time to receive his little girl’s love can easily be a trauma for his little girl.
- **The correct response to life’s traumas** is to present each trauma to Jesus and ask Him to handle them, and observe how He does it. This is called “abiding in Christ” (Jn. 15). Few in the church have been taught how to commit a situation to the Lord, and then watch Jesus in action and hear what He is saying.

Overviewing the Prayer Ministry of Identifying and Releasing Alters to Jesus

When we choose to handle things on our own, rather than abiding in Jesus, we create “alters” within our hearts which attract demons that then begin to afflict us. Healing occurs through repentance for our sinful acts in creating these alters and coming to Jesus for healing of our broken or shattered hearts. He removes the alters, granting us a new heart and a new spirit (i.e. a heart that is no longer broken). Deliverance prayer follows, which removes demons that had attached themselves to these alters.

This is a prayer approach which helps people identify sinful responses in their lives, repent of them and be set free by the hand of the Lord ministering directly to them and removing the alter. With the eyes of their hearts, the client can watch as Jesus removes these alters.

The ministry involves the following steps: 1) We identify, thank and dismiss alters; 2) We ask Jesus to remove alters; 3) We command the demons that were connected to alters to leave in Jesus' name; and 4) We ask the Holy Spirit to fill these vacant places.

This Spirit-empowered approach can bring transformation relatively quickly. It does not require years of work as one tries to re-integrate the alter personality into the "core" personality.

Most people have alters in their lives and need to receive this ministry. Those who have been subjected to satanic ritual abuse will not only have alters but will have trigger words imbedded (such as Jesus, Holy Spirit, blood, etc.). If you use the words in the prayer ministry session, they can trigger whatever programming is attached to them, usually causing the client to dissociate whenever the words are spoken. Therefore, when dealing with SRA clients you must disrupt the power of these trigger words by speaking aloud in faith: **"I bind and break the power of these trigger words."**

Delineating or Considering Four Sources of Our Thoughts

1. Self – analytical thoughts, built and directed by self
2. Lord – spontaneous thoughts whose content lines up with the names of Jesus, the Word of God or are edifying.
3. Enemy – spontaneous thoughts whose content lines up with the names of satan, or a lie.
4. Alter personality - this thought says, "Can you believe what they have done to me?" The thought offers false comforting, re-affirming that it is right to maintain judgment, and operates under demon of "mind-control." It is always focused on self-protection.

An Overview of the Six Ministry Steps For Identifying and Releasing Alters to Jesus

1. Leadership repents of their own sins: "Lord, we confess our sins, and repent of them and turn from them. We ask the blood of Jesus to cleanse us from all unrighteousness. We receive your cleansing. Thank you." Now we are prepared and empowered to minister experiencing the reality that the prayer of a righteous person avails much (James 5:16). Claim the place as Holy Ground in the name of Jesus. Invite the warring angels in on our behalf to fight. Ask for the Lord to give each one the full armor of God. Speak the following aloud: "I bind and break the power of all trigger words."
2. Bind and break the power of the spirit of mind control and pray for the blood of Jesus to create a wall between the broken parts and the demons who have attached themselves to these broken areas. Have the client read the prayer to release alters. Identify the names of the alters.
3. Repent of the sins and release the alters.
4. Ask Jesus to remove the alters. (Note: We are not integrating these alters into our personality, nor are we casting them out)

5. Cast out all demons that were connected to the alters.
6. Maintain your new found freedom by living by the Spirit (Gal. 5:25).

An Expansion of the Six Steps in the Prayer Ministry in Releasing Alters to Jesus

A. **Bind and Break the power of the spirit of mind control and pray the wall of the blood of Jesus between the alters and the demons .**

1. When a person creates an alter identity, they invite in the spirit of mind control to be able to dissociate. So you always begin the prayer ministry time by binding and breaking the power of the spirit of mind control.
2. Also pray this: *I pray a wall of the blood of Jesus Christ between the alters and the demons that are attached to these alters.* This wall of separation is important as it keeps the demons from speaking when you are addressing the alters and asking the alters to identify themselves.
3. Pray from your heart the ***“Prayer for Releasing Alters”*** as found below.

B. **Discover the Identities of Each Alter** (note on a piece of paper the answers being received)

Note: *The answers to the questions below will come as spontaneous thoughts or pictures to the client. Go with what comes. Don't question it. Flow is the heart speaking (Jn. 7:37-39).*

1. *“I call up the first alter personality the Lord has for ministry.”* (As you speak this, you are addressing the alter personality directly.)
2. Ask: *“What's your name?”* The names may be like their invisible childhood playmates - Peggy, Sue - or the names may be demons' names or function names such as unforgiveness, pride, arrogance, disobedience, control, manipulation, shame. Ask: *“How old was the core person when you were created?”*
3. *“What was the purpose of your creation?”* (i.e. your function – what were you created to do) For example: I was created to help her with the trauma of being bit by a dog. Alters are always attached to some form of trauma.
4. Ask: *“How many alter personalities have helped you perform this function?”* The fact that you are getting a number of alters which help perform functions with each main alter is indicating to the client that the ministry is going to be complete in that we are going to release all alters, both named and unnamed to the Lord. Continue cycling through the above questions until all alters/identities have been identified and the voices are gone, and one has become still inside.
5. Your Summary Notes from the above questions could look like this when ministering to a 20 year old woman who was sickly and bedridden:
 - #1 alter up/Sapphire/19 years old/ created to be alluring/15 alters assist
 - #2 alter up/Crystal/20/created to handle rejection/6
 - #3 alter up /Lucky Lucy/8/created to create fame and fortune/ 5
 - #5 alter up /Rocket/ 9/created for handling explosions/3
 - #6 alter up /Frasal/14/created to help her get through/7

#7 alter up /Ally/16/created when client was touched sexually and didn't want to be/12

#8 alter up /Scarletta/16/created to encompass shame and scars/5

#9 alter up /Peaches and Cream/16/created to feel pleasure during sexual encounters/8

#10 alter up /Sassy/20/created to use hummer to deflect attention/2

#11 alter up /Kandy Cain/19/created to handle oral sexual activity/8

It is time to call up the alter personality who is in charge of all these alters. The answer was "Sesie Catchy Carla." We can now command this alter and all alters (both revealed and not yet revealed) to go to Jesus. Jesus then takes them all away. The reason we wait a bit to call up the alter personality in charge of all others, is so the client can learn to identify the sinful responses they have made in life, and learn to stand against such responses in the future.

6. Another example of a set of alters that came while ministering to a pastor (the alters below are named according to their function within the pastor)
 - #1 alter up/Unforgiveness/8/created to protect from anyone who had spoken against him/3
 - #2 alter up/Disobedience/2/created to get attention as he was an only child/6
 - #3 alter up/Control/6/created to play with an imaginary friend/4
 - #4 alter up/Manipulation/10/created to create joy/6
 - #5 alter up/fear/15/created to help with acceptance at school/54

7. Another example of alters, when ministering to a 21-year-old Christian girl
 - #2 alter up/Runner/8/created with the ability to split and run/6
 - #3 alter up/Righteous Judge/18/created to figure who is worthy to receive ministry and who is not/13
 - #4 alter up/Never Satisfied/19/to form closure in ministry/3
 - #5 alter up/Nobody Can Do It Like Me/16/always overwhelmed/5
8. **Normal ministry procedures:** You probably would not identify and release more than 7 alters per 2 hour session. The session also involves casting out demons that were assisting these alters, and then instructing the client to take the next week and celebrate their newfound victory in Christ and walk in the light. Hopefully at the close of the second or third ministry session, once you have 14 or 21 alters out, you will be able to hear the name of the ruling alter come forward, which may be something like "control" as they control all other alters. You can ask at this point if the alter of "control" can bring with it all remaining alters. If they answer is "Yes," then as you pray the prayer to release the alters and have Jesus remove them, you speak to all named and unnamed alters, and clean any remaining alters out as a group, along with the "controlling" alter.

C. **Repent of the Sins & Release of Alters** (We don't integrate them or cast them out.)

1. *I forgive all whom I have judged.* Be specific, see each one in your mind's eye, and speak, "*I forgive you – insert their name*")

2. Pray from your heart *“A Prayer to Remove Alters” as delineated below.*

D. Ask Jesus to Remove The Alters – He will remove them all, as a group.

1. Both client and practitioner are to tune to flowing pictures (i.e. divine visions) and flowing thoughts (i.e. what Jesus is saying).
2. You watch what Jesus does, listen to what He says, and cooperate.
3. Examples:
 - a. Jesus bought toys to each of 9 different alters (i.e. visually seen as 9 young boys) all found within a 29 year old man who was receiving prayer ministry. The Lord took all 9 boys for a fun time with Him, and the man saw the vision of Jesus playing with the boys, and then Jesus took all the 9 young boys with Him and left, flying off into the sky as the scene closed. The result was the man was healed of a crippling disease he had been battling.
 - b. Another woman who had been molested as a child saw her alter personality as a little child weeping and wearing a dress stained in blood. When Jesus appeared and touched the girl to pick her up, the dress became brilliant white. Jesus then handed her a doll and they flew together. The adult woman was instantly healed of a deafness, which was the accompaniment of this alter personality. She had chosen deafness as a function to turn off her hearing so she would not need to hear her abuser when he molested her. Now a spirit of deafness controlled her life. Finally Jesus had set her free.

E. Cast Out All Demons Who Were Connected to These Alters

1. Pray from your heart **A Prayer to Remove Demons**.
2. Since the demons’ legal rights have been removed, they now leave easily when commanded to leave.
3. Use the name of Jesus and command them to leave! The client will normally feel a lifting of these spiritual forces.
4. Ask the Holy Spirit to come and fill all areas that have been vacated by the demons and alter personalities.

F. Maintain your newfound freedom, by living by the Spirit (Gal. 5:25)

1. Fill the places that have been sweep and are clean and empty using the following means: read and meditate on Scripture, listen to worship music, pray, see Jesus at your right hand at all times (Ps. 16:8; Heb. 12:1,2).
2. Instead of taking offense and judging people, ask the Lord to bless them and give them what they need, so you don’t recreate alters. In every situation giving thanks (1 Thess. 5:18)...
3. Ask God for His assistance, wisdom, power and strength in each situation.

Pray the Prayers Below FROM YOUR HEART

This means pray them using the language of the heart, which is flowing thoughts, flowing pictures, and flowing emotions. (Jn. 7:37-39 ...Out of your heart "flows"...)

The first four prayers are specifically connected to removing alters:

Number One – A Prayer for Releasing Alters

After praying this general prayer with the client repeating it after the prayer counselor, then go on and identify the specific alters using the questions in step B above.

Heavenly Father, in the name of Jesus, I _____, pray forgiveness for the sin of creating alters. There have been times in my life when I suffered from the lack of knowledge, but I now realize that these alters are trying to do Your job in my life. I repent for the sin of not casting my cares on Jesus as the Word says, and creating alters which are idols that say: "I can handle my own problems." So I speak to all alters that I have created, and I say: "Thank you for the job that you have done. You were there when I needed you. I now release you from me and from your function, and I ask that you leave and go to be with Jesus." I desire as the head and not the tail, (Deuteronomy 28:13) to have Jesus, and the Holy Spirit come and fill all places where alters are. I forgive, release, and bless anyone who has caused me to create alters and I ask forgiveness for the sin of carrying any unforgiveness or judgment toward these people. In Jesus' name, Amen.

Now we go through the series of questions to identify specific alters (i.e. section B above).

Number Two – A Prayer to Remove Alters

We don't integrate alters or cast them out; we release them to Jesus, allowing Him to do with them what He desires as He removes them. We are casting our cares upon the Lord, as He has instructed us to. Client repeats this after the counselor, and you have a minute or more of silence after the prayer is over, so the client can watch and see how Jesus is dealing with the alters. He does amazing things!

Heavenly Father, in the name of Jesus Christ, I _____, come before You, and speak as the head and not the tail, and I say that all alters that I have created, will become redeemed by the blood of the Lamb, just as I have. They will accept Jesus Christ, as their Lord and Savior just as I have. So I repent of the sin, of creating alters, and not casting my cares on Jesus, as the Word says. So I say that now, these alters, (name them)_____, _____, spoken and unspoken, will release all their rights to me, to my mind, to my flesh, to my personality, to my spirit, and to my emotions. And I ask You, Lord Jesus, to come and take these alters away with You, to a place where there is no fear, no abuse, no rejection, and they leave with You now. Thank You, Jesus. Amen.

Number Three – A Prayer to Remove Demons (client repeats this after counselor. This prayer is prayed after praying the prayer for Jesus to remove the alters)

I, (name) speak as the head and not the tail. I command the spirit of satan, strongest spirit attached to (my generational line, the soul tie realm, the removed alters or any personal sin) to speak for and pull to itself all attached heads of the spirit of satan; all attached heads of the spirit of witchcraft, with all heads of mind control; all heads of python with all python eggs; all Indian heads of witchcraft; all Jezebel and Ahab heads of witchcraft with all attached infirmities, mental and physical; all heads of rejection; all heads of fear; all heads of perversion; all heads of idolatry; all heads of leviathan with all leviathan eggs; and all heads of murder. I command the spirit of satan, in the name of Jesus, to speak for and pull to itself all (generational line, soul tie realm, removed alters or personal sin) spirits, strongmen and families, spoken and unspoken. In the name of Jesus Christ, I serve notice to the spirit of satan and I say that if any spirits attached to me try to deceive me and stay, that the warring angels will station them at the feet of Jesus to worship Him as King of Kings and Lord of Lords. I command the spirit of satan to release all its rights to me, to my mind, to my flesh, to my personality, to my spirit, and to my emotions. I command it to submit to the word of God and the blood of the Lamb and leave and go to the pit now!

(At this point minister specific healing to any area where it has not yet been received)

Number Four - How I WILL I Maintain My New Freedom and Life in Christ Jesus

The Bible says that when demons leave, they go through dry places, seeking a place to rest, and if they cannot find one, they will come back to the person they were cast out of and if that person has not filled their heart and life with the Holy Spirit, they will re-enter the person (Lk. 11:24). So fill yourself with the Holy Spirit by speaking the following Scriptures constantly over yourself. Never speak, picture or believe anything that is contrary to what the Bible speaks about you, God, satan, others or life.

I walk in the love of God (Jn. 15:10). I forgive everything against everyone, including myself (Mk. 11:25). I can do all things through Christ who strengthens me (Phil. 4:13). I am a new creation in Christ, old things have passed away, behold all things have become new (Gal. 6:15). I walk and live by the leading and empowering of the Holy Spirit (Gal. 5:25).

Death and life are in the power of the tongue (Prov. 18:21). I speak only those things which the Bible says are true about me. I speak life over myself. Jesus has set the captives free. I was a captive. Now I am free (2 Cor. 10:5). I meditate on His words day and night so I can be careful to do all that is in the Bible (Josh. 1:8).

I remove all wickedness from my midst. I remove all evil from my home and my life. I do only those things which are pleasing to God. I pray without ceasing (1 Thess. 5:17). In everything I give thanks (1 Thess. 5:18). I know God works all things out for good to those who love him and are called according to His word (Rom. 8:28). That includes me.

When I am weak, I am strong, because I call upon Christ strength to arise within me (2 Cor. 12:10). I fix my eyes upon Jesus, the author and finisher of my faith (Heb. 12:1, 2). I see Him with me at all times. As King David, I choose to put Him at my right hand (Ps. 16:8). We walk together down the road of life. I also acknowledge Jesus as joined to me (1 Cor. 6:17) and empowering me from within. I will not be moved by anything other than Jesus. He is my rock and my salvation (1 Cor. 10:4)

I am His sheep. I hear His voice (Jn. 10:27). I will ask Him to lead and guide me and I will then listen and pay attention to His bubbling thoughts which arise within me. I will test them by making sure they line up with the Bible, and by having my spiritual advisors confirm them. Any time I fail or sin, I will immediately repent (1 Jn. 1:7-9), and renounce satan and his demons, and call upon the blood of Jesus to cleanse me, and I call upon the name of Jesus to free me from any attack of satan or his demonic host.

I worship my Lord and my King (Rev. 14:7).

My Declaration - My New Lifestyle WILL Include the Following

1. I will meditate on the Bible day and night (Memorize: Joshua 1:8). I will meditate on the Gospel of John, the Psalms, and the book of Galatians, followed by the rest of the New Testament.
2. I speak only life over myself. I will practice speaking life over myself by speaking the following Scriptures over myself daily: Ps. 23; Ps. 91, Rom. 8.
3. I choose to keep Christ's commandments. I abide in His love. His joy is in me (Jn. 15:10, 11)
4. I will pray without ceasing (1 Thess. 5:17). I walk according to the leading of the Holy Spirit
5. I will seek out and honor the input of my 2-3 spiritual advisors (Matt. 18:16), for I know that in the multitude of counselors there is safety, and I choose to be safe. (Prov. 11:14). They will help me discover a vibrant, growing group of people who believe and follow the Lord Jesus Christ, whom I can relate to.

Additional prayers as possible accompaniments to the above alter prayers:

Salvation Prayer

Always begin the ministry time by checking to insure the client is saved, and if not, take them through this salvation prayer FIRST, having them repeat it after you.

Father, I come to You in the Name of Jesus. I recognize that You LOVE me and sent Your Son to remove the sin which separates me from You. **Father, I respond to Your love and REPENT of ALL past SIN. Please forgive me and cleanse me by the BLOOD of JESUS CHRIST. By faith, Father, I now receive Your forgiveness and cleansing in Jesus Name,** and I thank You that Your

Word says that I am now brought near by the Blood of Jesus Christ through which I enter **BLOOD COVENANT RELATIONSHIP** with You today.

LORD JESUS CHRIST I invite You to come into my life, and I SUBMIT TOTALLY to You.

I ask You to be **LORD** of my **SPIRIT, SOUL** (mind, thoughts, will, intellect, and emotions), and my **BODY**. Now by faith I confess that sin shall no more have dominion over me because your Spirit lives in me. I also confess that I am **SAVED**; and under covenant through Jesus Christ to receive the promises that are for me (salvation, **deliverance, healing, and God's promises**). Yes and Amen!

I renounce the lordship of satan or any authority besides Christ over every area of my **spirit, soul** (mind, thoughts, will, intellect, and emotions), and my **body**. **I renounce every hold or influence of the devil in ALL areas of my life** including everything **inherited** through the generations because the Word tells me I have a **NEW FATHER** and I only inherit from Him now. *(At this point, deal with any specific things such as witchcraft or occult etc. which must be specifically renounced).*

Lord Jesus, You are the BAPTISER in the HOLY SPIRIT, and I ask You to baptize me with the Holy Spirit and FIRE. I believe by faith that I have the same access to the power of the Holy Spirit and rights to every spiritual gift (1 Corinthians 12:4-11) that You gave to the early Church. So I pray that You will help me live and walk daily in all the fullness of the Spirit-filled life You intended for me. I open my heart for you to fill it now with Your Holy Spirit. Thank You, Jesus. Amen.

Procedure for Breaking The Masonic Curse

If "Free Masonry," or "Eastern Star" or "Job's Daughters" is part of the client's life or their ancestors' lives, or they have been sexually active with a mason, pray the prayer below before any other prayers. Client should feel lighter and lighter as they pray with you through each of the 33 levels.

Always start by making sure that the client has accepted Jesus as Lord and Savior and understands the authority of blood covenant through salvation. If they are not saved, pray the salvation prayer before proceeding with the prayer below.

Start by binding specific Freemasonry spirits. Bind death, antichrist, deception, lust, sadism or sadistic tendencies, calamity, satan, lies, domination, manipulation, consumption, witchcraft, and jezebel in Jesus' name.

On the 1st degree only say, "I bind and cancel the cable toe and hoodwink and spirit of shiva in Jesus' name."

1st degree control,
2nd degree
3rd degree
4th degree
5th degree
6th degree

On each degree, from the 1st through 27th, have the client repeat:

“I bind and break the power, of the spirits of the ____ degree mason, and loose them from me, and cast them far beneath me. I cancel the oaths and curses, as if they had never been spoken. I loose from me, all the collars and aprons and regalia, in Jesus’ name.”

On each degree, from the 28th through 33rd, have the repeat:

“I bind and break the power, of the spirit of witchcraft, and I bind and break the power, of the spirits of the ____ degree mason, and loose them from me, and cast them far beneath me. I cancel the oaths and curses, as if they had never been spoken. I loose from me, all the collars and aprons and regalia, in Jesus’ name.”

- 7th degree
- 8th degree
- 9th degree
- 10th degree
- 11th degree
- 12th degree
- 13th degree
- 14th degree
- 15th degree
- 16th degree client
- 17th degree
- 18th degree
- 19th degree
- 20th degree
- 21st degree
- 22nd degree
- 23rd degree
- 24th degree
- 25th degree
- 26th degree
- 27th degree
- 28th degree
- 29th degree
- 30th degree
- 31st degree
- 32nd degree
- 33rd degree

Procedure For Repenting of Bitter Root Judgments

The person should find the original event and ask for forgiveness for the judgment, even if they do not remember judging, but the reaping indicates that they did judge. (The persons most likely to be judged are our parents and family members.) The person should both forgive and be forgiven in the original event, purely by faith if necessary. Also, repent for influencing others to hurt us due to our judging them and bless those who spitefully use us and persecute us. Call the bitter root to death on the cross and ask for a new heart and a new expectancy for the events in life.

Prayer to Break Generational Curses and Sins of the Bloodline

Dear Lord, thank You that your blood is able to take away all sin. I believe that and receive it now in Jesus' name.

I pray forgiveness for the sins of my father, of that bloodline for all generations back, and I ask You to wash me clean now, by the blood of the Lamb. I pray forgiveness for the sins of my mother, of that bloodline for all generations back, and I ask You to wash me clean now, by the blood of the Lamb. I receive Your forgiveness and believe that by Your blood I am cleansed from the sins of all my generational bloodlines.

I take the authority that I have in my blood covenant with Jesus Christ, and I break all generational curses on my father's side all generations back, broken now, by the blood of the Lamb.

I take that same authority and break all generational curses on my mother's side, all generations back, broken now, by the blood of the Lamb.

With the same authority I have under the blood covenant of salvation in Jesus, I break any spoken curses on my family bloodline. I also break the power of all seals of silence and all vows of secrecy. I take the same authority in the name and the blood of Jesus, and I break all covenants and contracts to Satan including blood covenant contracts.

I also pray forgiveness for the sins of my family line of all those things that have happened in darkness, such as any attachment to slavery or any kind of persecution or mistreatment or abuse of any people groups or individuals, and I pray blessings on all descendants of the persecuted groups or individuals. I pray forgiveness for the sin of all idolatries attached to the American Indian bloodline and break all related curses. I also break any attachments to family superstitions and idolatries, ungodly beliefs, wives tales, luck charms, and rhyme curses in Jesus' name.

Thank you, Jesus, that Your word says, "Cursed is the one who hangs on the tree." You took our curses, and You took our sins, so that we can have life more abundantly, and we praise you for it.

I receive by faith that now all generational sins and all generational curses are broken by the blood of the Lamb, in Jesus' name. Amen.

Prayer to Break Ungodly Soul Ties

A soul tie is when two people's souls are knit together. This allows energy to flow from one to the other. The soul of Johathan was KNIT to the soul of David (1 Sam. 18:1). Soul ties are present with bosom bodies, all covenants (marriage, membership into a business, church or organization) and in all sexual intercourse. Ungodly soul ties are when evil is being passed from one to another. If a sexual partner has Masonic roots or

homosexual tendencies (or other sins), you can pick up these demons through the sexual encounter. The prayer below focuses on illicit sexual encounters, and not the other kinds of ungodly soul ties. So after praying the prayer below for illicit sexual encounters, it is recommended you pray a prayer severing other ungodly soul ties. Pray it for each person you have an ungodly soul tie with, picturing the person as you forgive them and pray this prayer. As you pray through this list of people, you should feel lighter and lighter.

“Father, in the name of Jesus, I submit my soul, my desires, my will, and my emotions to the Holy Spirit and to Your Word. I confess as sin all of my sexual relationships before marriage and any sexual relationships outside of marriage. I confess as sin all ungodly relationships involving any part of me, whether spirit, soul, or body.

“Father, I thank You for giving me the keys of Your kingdom and the keys of spiritual authority. What I bind is bound and what I loose is loosed (Matthew 16:19). In Jesus’ name, I ask You to loose from me all soul ties to past sexual partners and ungodly relationships. Please uproot all tentacles of sexual bondage, emotional longings, dependencies, vain imaginations, enslaving thoughts, and thought patterns. I bind, renounce, and resist any evil spirits that have been reinforced through those soul ties or may have been transferred to me through ungodly associations or promiscuity.

“I also repent of the sin of the idolatry attached to my pursuit of perversion. Jeremiah 2:20-25 says that my Heavenly Father’s perception of this perversion that I have been pursuing is that I will not serve Him and I love foreign gods and I must go after them. So I repent of the sin of this idolatry and I apply the blood of Jesus to it now.

“I submit to the Lord Jesus Christ and to His Word which tells me that I must forgive so that I will be forgiven. I repent of the sin of unforgiveness toward the people who have violated me sexually due to incest, molestation, or rape. I choose to forgive and bless them, and I also break any soul tie attachments to these people in Jesus’ name.

“Please cleanse my soul with Your blood, renew my mind, and help me to forget all illicit unions so that I am free to give myself—body, soul, and spirit—totally to You. Father, I receive Your forgiveness for all past sins of ungodly soul ties and unrighteous sexual activity. I believe that by Your grace I am forgiven. Thank You for remembering my sins no more and for cleansing me from all unrighteousness. I commit myself totally to You. By Your grace, please keep me holy in my spirit, soul, and body, as I choose to renew my mind in Christ (Romans 12:1-2). In Jesus’ name I pray, amen!”

Prayer to Break Word Curses

Heavenly Father, in the name of Jesus Christ I take the authority that I have received through my blood covenant of salvation by accepting Jesus Christ as my Lord and Savior. I bind and break the power of all spells, curses and incantations spoken over my life from the demonic realm or the Christian realm including my own family or any church relationship, all things known and unknown. And I call their function null and void. I speak the Name above all names

over them, the mighty Name of Jesus Christ. I pray the Word over anyone who has knowingly or unknowingly cursed or abused me. And I pray, heavenly Father, that you bless them and give them what they need, in Jesus' name. I thank you, Lord, that you have the ability to hear the curse and turn it into a blessing.

Addition for missionaries for breaking Word Curses:

I also bind and break the power of any influence of territorial strongholds that have become attached to me due to my serving in ministry for the Most High. From satan himself to the King of Persia to the minutest spirit there is, I claim the Word that says that no weapon formed against me will prosper. The Word of the Lord says that no weapon formed against you will prosper and you will refute every tongue that accuses you (Is 54:17). And a curse without cause will not come to rest on me. Thank you, Jesus, for the power of Your Name which has set me free.

Audio recordings of Alter prayer ministry with Bob Lucy

Click the following links, or copy and paste each URL into the address bar of your web browser (Internet Explorer, Chrome, Firefox, Safari, etc.) and then press Enter on your keyboard. This will download the MP3 audio file to your device (on a Windows PC, they will usually be automatically saved to the "Downloads" folder).

- [Part 1](#)
- [Part 2](#)

Other Great Resources: For information about Dr. Lehman and his DID work, visit the following websites:

- [Immanuel Approach](#)
- [KCLehman website](#)
- [Dr. Lehman's book, Outsmarting Yourself](#)